

Improving Child Health Management Skills Of Private Providers: Practical Experience From Uganda

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Constella Futures









Purpose of Presentation

- Understand the role of private providers in providing child health services in developing countries
- Understand constraints facing private providers
- Describe UPHOLD-supported tailored training for private providers
- Understand challenges of scaling up skills improvement for private providers











Child Health-Developing Countries

- 12 million U5s die annually in developing countries
- 70% due to malaria, pneumonia, diarrhoea measles and malnutrition
- All preventable or easily treatable









Child Health Status in Uganda

- High infant mortality rate (88 per 1000 live births)¹
- High under 5 mortality rate (156 per 1000 live births)¹
 - Malaria 30%
 - ARI 23%
 - Diarrhoea 20%
- 40% of all childhood deaths linked to Protein Energy Malnutrition
- Low Immunisation coverage
 - DPT3 at 53%²
- 15% U5s sleep under ITNs³
- Poor diarrhoeal disease management
 - 28% of children with diarrhoea advised to increase fluids
 - 53% are treated with ORS¹

1 UDHS 2001, 2 Uganda 2005 National and District Coverage Survey for EPI Plus, 3 National Malaria control strategy 2005-10









Public Health Care in Uganda

- Decentralised health system
- Access to free public health care has improved - 72% of the population live within 5km⁴
- However, utilisation is still low e.g. percentage of deliveries taking place in a health facility (GoU and NGO) is only 24.4%⁴

4 Health Sector Strategic Plan II 2005-9 Uganda









Consumer Preferences

- 60-83%_{5,6,7} of population seek care from private providers
- Reasons⁵
 - Perceived quality
 - Access
 - Confidentiality

5 Statistics Department, Uganda, and Macro International Inc. Uganda Demographic and Health Survey, 1995, 6 Delivery of Improved Services for Health (DISH)
Project, Uganda, Private sector Study, January 2001, 7 Tawfik Y., Sabiti Nsungwa J., et al. Utilizing the Potential of Formal and Informal Private
Practitioners in Child Survival in Uganda; Situation Analysis and Outline or Developing a National Strategy









Private Health Care in Uganda

- Include: drug shops, private clinics, domiciliary/maternity homes, shops, markets, traditional healers, traditional birth attendants, injectionists
- Generally have better supply of drugs than public facilities⁷
- Poorly regulated
 - ->65% not registered⁶









Private Health Care in Uganda...Cont.

- Poorly skilled manpower
- Poor clinical practices
 - Poor quality of case management⁸
 - 19% correctly manage uncomplicated malaria
 - 6% diarrhoea
 - 36% pneumonia
- Do not routinely offer preventive services

8 Omaswa F., Quality of Care in Private Medical Practices, 1999









UPHOLD

- GoU-USAID five-year bilateral project (Oct. 2002- Sept 2007)
- 34 districts covering 42% Uganda's population (~ 11.4m people)
- Increase utilization, quality and sustainability of services in Education, Health and HIV/AIDS
- Strengthen Public Private Partnerships









Improved Child Health Practices: An initiative for Private Providers

- WHO recommends 2 weeks Integrated Management of Childhood Illness (IMCI) residential training for public health providers
 - Too long for private providers
 - Private providers can't afford cost of training
- Developed an Improved Child Health Practices (ICP) package tailored to private provider needs









Objectives

Goal

To improve private provider practices in the management of common childhood illness

Objectives

- Enable private providers appreciate their strengths, weaknesses and challenges/constraints
- Strengthen knowledge & skills of private providers in assessing sick children
- Up-date private providers on current treatment guidelines for common childhood illnesses









Objectives ...cont.

- Strengthen private providers to recognise severe illness and refer urgently
- Enable private providers appreciate harmful practices and change
- Sensitise private providers on the importance of preventive care
- Negotiate behaviour change with private providers









The Training

- Shortened from 2 weeks to 3 days
- Covers key skills required
- Based on negotiation of practices providers agree and sign commitment
- Non-residential training workshop
- Participants identified with help of UPHOLD regional and district health staff
- Trained district trainers/supervisors









Training content.

- Verbal case reviews
- Introduction of job aides
- Case management practicum
- Record keeping











Follow-Up Four Weeks After Training

- Verbal case reviews baseline and follow up
- Observation of case management
- Review of records to assess quality of case management
- Facility supports/logistics review









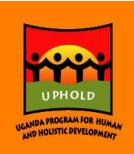
Verbal Case Reviews

- Main assessment methodology
 - Caretakers of children treated by the trainees in the last two weeks are identified
 - They are asked specific questions about their interaction with the provider
 - Focus is on management of fever, cough, diarrhoea and preventive services
 - Compared practices before training and at follow up









Additional Assessment During Follow-up

Case management observations

- Providers are observed managing a sick child uninterrupted unless dangerous to child
- Feed back given

Facility supports/logistics review

- Assess availability of necessary equipment, drugs and supplies
- Determine further support to private providers

Records review

- Review records of at least 10 children managed in the past month
- Determine if record show whether they were managed according to guidelines









Finding⁵









Profile of Trained Private Providers

Cadre	No	%
Medical officer	3	1
Clinical Officer	47	18
Nurse/midwife	139	53
Others	71	27
Total	260	100

- Total of 260 private providers
- Female (181), males (79)
- Majority nurses & midwifes (53%)
- Others (27%) include nursing assistants and ordinary traders







Impact of Training

- Improvement in assessing and offering correct treatment for fever, cough and diarrhoea
- Reduced rate of incorrect and dangerous treatment across all symptoms Health workers are giving correct and appropriate advise for the symptoms
- The majority of trained private providers offered appropriate advice and referral for preventive services post-training compared to pre-training









Findings: Management of Fever



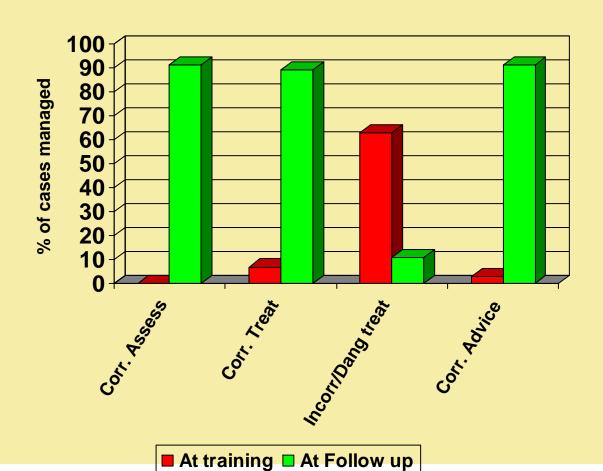








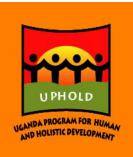
Findings: Management of Cough



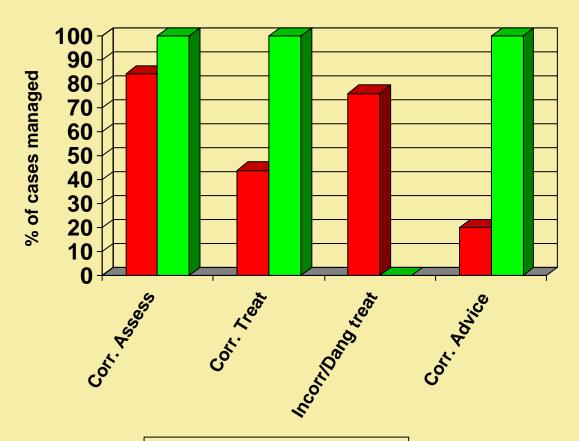








Findings: Management of Diarrhoea













Observation of Case Management

All tasks were performed excellently on observation

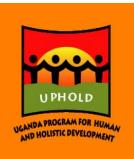
Dramatic improvement in preventive services

Confirms results of the verbal case review

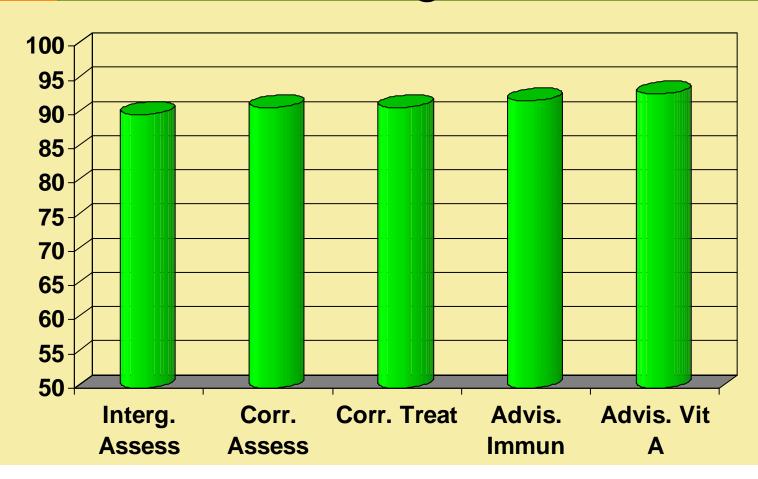








Observation of Case Management











Facility Supports/Logistics Review

Category	Item	Number N=240	%
Equipment.	Wt. Scale	112	47
	Timer	237	99
	Thermo.	237	99
Drugs	Cortrim.	237	99
	SP	237	99
	Chloroq.	237	99
	ORS	217	90
Others	Immun.	97	40
	Vit. A	237	99

- Have the majority of equipment and drugs
- Lack weighing scales
- Lack immunisation facilities







Conclusion

- Private providers in Uganda play a critical role in service delivery
- Gaps in technical practice can be addressed through practical, tailored training and negotiation
- Providers can apply improved case management skills









Recommendations

- Districts should provide updates to private providers in key technical areas e.g. new malaria treatment guidelines
- To ensure sustained application of skills, districts should provide additional support supervision to private providers
- Districts should supply weighing scales and immunization equipment to private providers
- Further studies on the outcome of the training and client satisfaction should be conducted









Acknowledgment

- Private providers
- Clients of the private providers
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